

Community Resiliency Series

Creating a Community of Hope & Healing

Mental health stressors and trauma are a concern for the health and wellbeing of Berrien County residents. Join community leaders, organizations, and residents to learn more about building a healthier community for the following **FREE** events:

Documentary Screening: *Resilience*

Hosted by

Berrien County Health Department

Tuesday, March 3, 2020

1:00pm-3:00pm

Niles District Library

620 E Main St, Niles, MI 49120

Positive Parenting Program-Overview

Hosted by

Berrien County Health Department

Wednesday, March 25, 2020

2:00pm -3:00pm

Niles District Library

620 E Main St, Niles, MI 49120

Our Court's Journey to Become Trauma Informed

Hosted by

Berrien County Trial Court-Family Division

Thursday, March 12, 2020

3:30pm – 5:00pm

South County Courthouse:

Jury Assembly Room

1205 Front St, Niles, MI 49120

Mental Health Crises and Awareness:

An Introduction

Hosted by

Spectrum Lakeland Health

Population Health Department

Thursday, March 26, 2020

1:30pm-3:30pm

Lakeland Medical Suite

Community Room

42 N. St. Joseph Avenue

Niles, Michigan 49120

Question. Persuade. Refer Suicide Prevention Training

Hosted by

Riverwood Center

Monday, March 16, 2020

1:30pm-3:00pm

Niles District Library

620 E Main St, Niles, MI 49120

Resilience



The skills and ability of people, communities and organizations to survive, adapt, and improve no matter what kinds of hardship or trauma they face.

Resilience can be learned at any stage of development

Call 269-983-8273 or email mbradley1@lakelandhealth.org if you have additional questions

Organized by the Healthy Berrien Consortium and partner organizations



United Way
of Southwest Michigan